

MEXICAN CRISPITOS (2) 🌗 🕕						
CALORIES 440	SODIUM 560mg	PROTEIN 18g	FAT 19g	CARBS 49g	CHOLESTEROL 30mg	FIBER 3g
RAVIOLI BAKE 🌒 🕕						
CALORIES 342	SODIUM 890mg	PROTEIN 20g	FAT 18g	CARBS 25g	CHOLESTEROL 55mg	FIBER 2g
SMOKY LENTIL SOUP W/SPINACH V A						
CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER

3g

15g

0mg

4g

115

350mg

7**g**

